



Parent queries can be emailed in to parents@westoverprimary.co.uk

Be Safe, Be Ready, Be Respectful



Commander Kindness



Lady Resilience



Captain Creativity



Doctor Resourcefulness

ATTENDANCE AND PUNCTUALITY

Our target is **96%** or more for attendance. We aim for every child to arrive on time to help them settle and make the best progress. This is also less disruptive for the other children already in class.

Last week	Whole school	Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
%	96	98	97	97	96	95	99	90
No of lates	7	0	0	0	5	0	1	1

AWARDS

GOLD AWARD

One child is chosen each week from every class for upholding our school values of resilience, kindness, creativity and resourcefulness. Well done to last week's Gold Award Winners!



Dolphins – Ernie

Penguins – Lucas

Seals – George

Sea Otters – Billie

Sharks – Primrose

Turtles – Carys



Photo by Niamh

SILVER AWARD

We've seen lots of children this week who've popped in to share lovely work or good news! It's fantastic to see the work being shared from across all curriculum areas. Well done to everyone!

These children will be celebrated in assembly each Monday.

Pufferfish – Sophia, Charlie, Carter, Kayden, Lennon

Dolphins – Alex, Lenni, Bodhi, Nestor, Albert, Wyatt, Lowan, Callum, Cory, Isabelle, Mirabelle, Ryan, Luna, Louis, Roman, Henry, Ayla-Rae, Mia, Eden

Penguins – Mariana, Clara, Spencer, Flossie, Patsy, Mabel, Theodor, Arla, Etta, Lily, Jude, Bea, Eden, Summer, Marnie, Tyler, Hattie, Matilda, Sara, Imamah, Lucas, Meira, Finley, Hashwath

Seals – Teddy, Henry, Sharon, Alisi, Theo, Harry, Chessy, Heidi, George, Lozan, Gabby, Rada

Sea Otters – Jenson, Amelia, George, Abel, Olive, Delilah, Harper C, Kimberley, Tom, Billie, Abel R, Sofia, Bear, Ella, Dexter, Justin, Alicia

Sharks – Jasmine, Frankie, Dexter, Dylan, Lydia P, Ronni, Esme, Charlotte, Bella-Rose, Isla, Ronni, Ray, Ozzy, Avana, Lydia B, Lana,

Turtles – Jet, Tia, William, Edward, Zuzanna, Alfie W, Raphael, Carys, Niamh, Hope, George, Elias, Coast, Frank

BRONZE AWARD

Children upholding our school rules and values and or putting effort into their learning receive house points. The table below shows how well house teams are doing.

Mary Rose	Spinnaker	Warrior	Victory
317	517	385	437

DATES FOR YOUR DIARY

2025/26

Link to school calendar on the website [School Calendar - Westover Primary School](#)

Date	Event	Information
Monday 27 th October – Friday 31 st October	Half Term Holiday	School & Pre-School closed
Monday 3 rd November	Poppy Selling begins	
Monday 3 rd November	New Lunch Menu starts	See Menus below
Wednesday 5 th November	Parents Evening 3.30pm – 6pm	Book your appointment via the My Child At School App (MCAS) or contact the school office if you have any difficulties with this.
Wednesday 12 th November	Parents Evening 3.30pm – 6pm	Book your appointment via the My Child At School App (MCAS) or contact the school office if you have any difficulties with this.
Thursday 13 th November	PTA run Spooks and Sparkles Disco YR, Y1, Y2 & Y3 3.15pm – 4.30pm Y4, Y5 & Y6 4.45pm – 6pm	See poster below
Friday 14 th November	PTA bring a bottle/chocolate day Children can wear non-uniform	Details to follow
Thursday 27 th November	PTA Christmas Shop	Details to follow
Friday 28 th November	Inset Day	School & Pre-School closed to children
Friday 5 th December	Santa Fun Run Fundraiser Children only	Details to follow

Friday 5 th December	PTA Christmas Fayre 3.30pm – 5pm	Details to follow
Tuesday 9 th December	Rocksteady Concert to Parents 2.20pm	Details from Rocksteady
Monday 15 th December	YR & Y1 Nativity 2.15pm	Details to follow
Tuesday 16 th December	YR & Y1 Nativity 9am	Details to follow
Tuesday 16 th December	Year 5 Exit Point 2.30pm	Parents/Carers welcome
Wednesday 17 th December	Years 2, 3 & 4 Carols at City Life Church	Parents/Carers welcome Details to follow
Thursday 18 th December	Year 6 Exit Point 2.30pm	Parents/Carers welcome
Friday 19 th December	Christmas dress up day	
Friday 19 th December	Snow White - whole School Pantomime (in school)	
Friday 19 th December	Christmas Dinner	
Monday 22 nd December – Friday 2 nd January	Christmas Holidays	School & Pre-School closed
Monday 5 th January	Inset Day	School & Pre-School closed to children
Monday 16 th February – Friday 20 th February	Half Term	School & Pre-School closed
Friday 6 th March	Inset Day	School & Pre-School closed to children
Monday 30 th March – Friday 10 th April	Easter Holidays	School & Pre-School closed
Monday 4 th May	Bank Holiday	School & Pre-School closed
Friday 22 nd May	Inset Day	School & Pre-School closed to children
Monday 25 th May – Friday 29 th May	Half Term	School & Pre-School closed
Friday 3 rd July	Inset Day	School & Pre-School closed to children
Wednesday 22 nd July	Last Day of Term	Finish normal time 3.10pm

LEARNING UPDATE

Please note that learning updates will now only be published on our website. You will find them within the news and events tabs from the home page or click link below.

[Class Blogs - Westover Primary School](#)

After School Club

During October in after school club we have been doing lots of autumn and Halloween themed activities. We have enjoyed some board games including magic maths, Dobble, and connect four. We have made cute and colourful pumpkins out of paper plates and tissue paper. The children have also enjoyed modelling mini monsters from playdough, pipe cleaners and googly eyes. We have enjoyed some messy play- rescuing spiders from slimy jelly and spaghetti and digging for bones in cloud sand. Some of us have made Halloween chocolates by melting chocolate and adding icing eyes and Halloween sprinkles. The children have created some magic bubble paintings using washing up liquid, paint and cardboard tubes. We have also made broomsticks out of pipe cleaners, brown paper and beads.

This week we have done Halloween word searches and colouring. The children have also enjoyed making some spooky crowns and bunting. We have had fun in the hall making and flying aeroplanes. We have played the floor is lava and enjoyed some Halloween themed dancing. We have watched the film 'Home' and had some fun playing quizzes including guess the fruit and guess the movie. Please note our school disco is on the 13 November if your child needs a ticket, and they are in club and unable to purchase from the PTA in the playground we can take cash only and arrange their ticket.

We hope you all have a lovely half term.

PE Day reminder

Monday	Tuesday	Wednesday	Thursday	Friday
Pufferfish (YR)	Dolphin (Y1)	Penguins (Y2)	Starfish (Pre-School)	Dolphins (Y1)
Sharks (Y5)	Seals (Y3)	Turtles (Y6)	Pufferfish (YR)	Penguins (Y2)
Turtles (Y6)	Sea Otters (Y4)		Seals (Y3)	Sharks (Y5)
			Sea Otters (Y4)	

Library Day reminder

Monday	Tuesday	Thursday	Friday
Pufferfish (YR)	Dolphins (Y1)	Seals (Y3)	Penguins (Y2)
Sea Otters (Y4)		Turtles (Y6)	Sharks (Y5)

OTHER INFORMATION**Flu Immunisation**

NHS School Aged Immunisation team attended school on 16th September for the flu vaccination session. If you haven't already completed a form for the flu vaccination, please use this link <https://www.hiowhealthcareimmunisations.co.uk/> and code CW142602 to say YES or NO to the vaccination and you will be emailed a link to book an appointment at a community clinic.

3 Choice Menu Autumn Winter 2025 2024		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE						
3rd November 24th November 15th December 19th January 9th February 9th March	Option One	Plant Balls in Tomato Sauce with Rice	Peef Lasagne with Garlic Bread	Roast Chicken, Stuffing, Roast Potatoes and Gravy	NEW Chicken Biryani	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option Two	Autumn Vegetable Lasagne	Beetroot and Lentil Burger in a Bun with Potato Wedges	V Vegetarian Wellington with Roast Potatoes and Gravy	NEW BBQ Sausage Pasta with Garlic Bread	Cheese and Bean Pasty with Chips and Tomato Sauce
	Option Three	Tomato Pasta	Jacket Potatoes with Cheese beans or Tuna	Tomato Pasta	Jacket Potatoes with Cheese beans or Tuna	Tomato Pasta
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the day
	Dessert	Cheese and Crackers	Apple crumb Cake	Fruit Medley	Jelly and Mandarins	Syrup Sponge and custard
WEEK TWO						
10th November 1st December 5th January 26th January 23rd February 16th March	Option One	Cheese and Tomato Pizza with Wedges	Spaghetti Bolognaise	BBQ Chicken or	Meatballs in Tomato Sauce with Rice	Fishfingers with Chips & Tomato Sauce
	Option Two	Mild Mexican Chili with Rice	Vegan Spaghetti Bolognaise	Lemon and Herb Quorn with Seasoned Potatoes and Sweetcorn Sa	Creamy Chickpea and Coconut Curry with Rice	Cheese Whirl with Chips and Tomato Sauce
	Option Three	Tomato Pasta	Jacket Potatoes with Cheese beans or Tuna	Tomato Pasta	Jacket Potatoes with Cheese beans or Tuna	Tomato Pasta
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	NEW Gingerbread Cookie	Chocolate Brownie with Chocolate Sauce	Fruit Salad	Sticky Toffee Apple Crumble with Custard	Vanilla Shortbread
WEEK THREE						
17th November 8th December 12th January 2nd February 2nd March 23rd March	Option One	Macaroni Cheese	NEW Chicken 50% Enchilada Bake with Paprika Wedges	Sausage with Roast Potatoes and Gravy	Mild Caribbean Chicken with Golden Rice	Fishfingers with Chips & Tomato Sauce
	Option Two	NEW Chef's Special Lentil Curry with Rice	All day vegetarian Breakfast	Vegan Sausage and Roast Potatoes and Gravy	Caribbean Stew with Golden Rice	Red Pepper Prittata with Chips & Tomato Sauce
	Option Three	Tomato Pasta	Jacket Potato with cheese beans or Tuna	Tomato Pasta	Jacket Potato with Cheese beans or Tuna	Tomato Pasta
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	Oaty Cookie	Pear Crumble with Custard	Fruit Salad	NEW Jamaican Ginger Cake with Custard	Cornflake Tart
MENU KEY		Added Plant Protein Wholemeal Vegan Chef's Special				
Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection		ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.				

Autumn winter 2025/26 Packed Lunch Menu		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 3rd November 24th November 15th December 19th January 9th February 9th March		Cheese Bap Served with Carrot and Cucumber sticks Fruit Dessert of the day	Tuna Mayo Baguette Served with Carrot and Cucumber sticks Fruit Dessert of the day	Hot Roast Baguette Served with Carrot and Cucumber sticks Fruit Dessert of the day	Ham Bap Served with Carrot and Cucumber sticks Fruit Dessert of the day	Fish Finger Bap Served with Carrot and Cucumber sticks Fruit Dessert of the day
WEEK TWO 10th November 1st December 5th January 26th January 23rd February 16th March		Egg Mayonnaise Bap Served with Carrot and Cucumber sticks Fruit Dessert of the day	Cheese and Ham Baguette Served with Carrot and Cucumber sticks Fruit Dessert of the day	Hot Roast Baguette Served with Carrot and Cucumber sticks Fruit Dessert of the day	Cheese Bap Served with Carrot and Cucumber sticks Fruit Dessert of the day	Fish Finger Baguette Served with Carrot and Cucumber sticks Fruit Dessert of the day
WEEK THREE 17th November 8th December 12th January 2nd February 2nd March 23rd March		Tuna Mayo and cucumber Bap Served with Carrot and Cucumber sticks Fruit Dessert of the day	Cheese Bap Served with Carrot and Cucumber sticks Fruit Dessert of the day	Hot sausage Baguette Served with Carrot and Cucumber sticks Fruit Dessert of the day	Ham Bap Served with Carrot and Cucumber sticks Fruit Dessert of the day	Fish Finger Bap Served with Carrot and Cucumber sticks Fruit Dessert of the day
MENU KEY		ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.				



Headlice advice from the school nurse



HEAD LICE – A GUIDE FOR PARENTS

Checking the hair of everyone in the family at least once a week ensures early detection.

DETECTION COMBING-HOW TO DO IT!



You will need:

A "Nitty Gritty" comb
Good lighting
An ordinary comb or brush
Conditioner

1. Wash hair well and towel dry. The hair should be damp and not dripping.
2. Make sure there is good light, daylight is best.
3. Brush or comb conditioner through the hair thoroughly. Divide the hair into sections using a clip.
4. Start with the teeth of the detection comb touching the skin of the scalp at the top of each section of hair.
5. Comb through **each** section from the scalp to the ends of the hair.
6. Look carefully at the teeth of the comb in good light after each brush and wipe with a damp tissue.
7. Do this for as long as it takes to comb each section of the hair.
8. If there are head lice, you will find one or more lice on the teeth of the comb.
9. The egg cases stick to the hair and will not be combed out using the comb, you will need to use your finger and thumb nails together to pull the egg from the hair. (Egg cases which are empty are white; ones that have not hatched yet are brown. **This may take up to 2-3 hours** depending on the length of your child's hair.
10. Once the whole head has been checked, rinse the conditioner off.
11. This process needs to be repeated every 3 days even if your child does not have head lice.

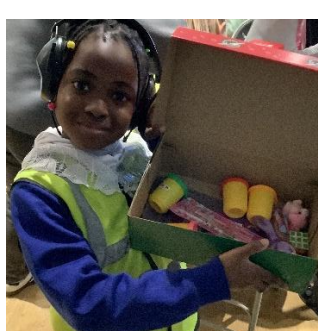
If you would like further information or advice your School Nurse is available to meet with you in school. Please ask at school reception for details or telephone the School Nursing Service 0300 1236629



Solent NHS Trust Headquarters, Adelaide Health Centre, William Mackford Way, Millbrook, Southampton, SO16 4JG
Telephone: 023 8050 8000 www.southampton.nhs.uk

Year 3 Charity Shoe Box Packing

Year 3 had a trip to City Life Church on Wednesday to help pack some Charity Shoe Boxes. The shoeboxes were packed for 'Samaritan's Purse' who will distribute to children in need all over the world. The children loved working together with retired members of the community to first build the box and then choose appropriate items. Our boxes were for children age 2-4 years and our class had to decide whether they were packing for a boy or a girl.



**Pre-school**

We currently have some spaces available for 3-year-olds and upwards. You can use government finding. Please call the office to enquire or click the following link [Pre-School - Westover Primary School](#)

Wrap around care

Our breakfast and after school club are for Years R-6 providing care 7.30-6.00. Please book via MCAS App. These are becoming very popular so it is important you book and pay for your child's session as soon as you know you will need a space. We cannot guarantee a space will be available for last minute bookings. We will be looking to employ additional staff so we can increase numbers.

The Breakfast and After School Club policies are on our website. We require at least 24 hours notice to cancel a place or you will be charged the full cost of the space.

Please note we are now a cashless school.

Currently we are unable to offer wrap around care for pre-school children (Due to lack of take up and recruitment). This is being kept under review

Starting Reception in 2026

RECEPTION '26

WESTOVER

WELCOME TOURS

*"Pupils thrive
at Westover"*

OFSTED 2022

Is your child due to start school in
September 2026?
We are doing welcome tours this half-term.

Applications through Portsmouth City
Council from the 3rd November 2025.

WELCOME TOURS

Please contact the school office to
arrange a tour with a member of the
Senior Leadership Team.



*"Pupils, including children in
early years, are absorbed in
their learning."*

OFSTED 2022

Contact Us:

Telephone: 023 9266 0178

Email: admin@westoverprimary.co.uk

LIGHT PARTY

@City Life Church

31ST OCTOBER 4.00PM-5PM

NO SCARY COSTUMES

SWEETS & CRAFTS
BALLOON
MODELLING

FREE EVENT

HOT DOGS
MARSHMALLOW
TOASTING

Come as you are

ALL TREAT NO TRICK

@City Life Church

31ST OCTOBER

5.30PM-7.30PM

FREE EVENT

SWEETS & CRAFTS
BALLOON
MODELLING

HOT DOGS
MARSHMALLOW
TOASTING



Harbour Church

THE LIGHT PARTY



SIGN UP HERE!

SUNDAY 2ND NOVEMBER

St Alban's Church, PO3 5AL

3pm - 4pm - School Years 1 and Under

4.15pm - 5:15pm - School Years 2 to 6





Your School Nursing Service

Someone you know and can trust to discuss your child's health



Asthma

Immunisations

Growth

Allergies

Diet

Weight

Toileting

Sleep

We can also offer support and advice if your child has disabilities, long term illness or other health needs.

If we can't provide the help ourselves, we will connect you with someone who can.

How can I access my School Health Nurse?

Either speak to school for a referral or contact us on the details below.

Email: portsmouthschoolnursingservice@solent.nhs.uk
Telephone 0300 123 6629